Saint Meinrad Young Adult Initiative

We serve the Church through:
- parish accompaniment
- research and dissemination
- formation of seminarians, priests, and lay ministers

We are part of the larger Center for Youth and Young Adult Evangelization.
We have been doing this work for six years...
...so what have we learned?
Build a community, not a program.

Move on from events-based programming and focus on creating space for meaningful encounters.
Get your pastor and your parish on board.

It takes an entire parish, led by its pastor, to effectively minister with young adults.
Young Adult Ministry is not one-size-fits-all. "Young adults" can range in age from 18-39. The needs of this group are as unique and diverse as they are.
Set a vision and decide your measure of success.

What is your vision for young adult ministry in your parish? How do you define a successful ministry?
Empower young adults to be leaders.

Young adults need to have agency in their own ministry.
Be a leadership team rooted in prayer.

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You cannot give what you do not have; you cannot model what you do not practice.